

HARMONY HILLS PASTORAL CARE PROGRAMME

At our primary school, the well-being of every child is at the heart of everything we do.

Weekly Health and Wellbeing Classes

- Mental health awareness and emotional regulation
- The dangers of alcohol, smoking, and drug misuse
- Healthy relationships and respectful communication
- Body image, self-esteem, and staying safe online

Counselling and Emotional Support

- Provides on-site counselling sessions to any
- Mindfulness and yoga sessions to manage stress
- Buddy systems that foster peer support
- Creative arts and storytelling workshops

Holistic Development Initiatives

- Inclusive to the diverse range of our pupils
- Mindfulness and yoga sessions to manage stress
- Buddy systems that foster peer support
- Creative arts and storytelling workshops
- Outdoor learning and eco-projects

Our Pastoral Care Programme is a living, evolving framework designed to respond to the needs of our children. By fostering a caring, inclusive, and safe environment, we *enable* every pupil to grow into confident, compassionate individuals ready to contribute positively to society.